**Patient Name:** DA FONSECA, IVO

**Date of Birth:** 04/18/1994

**Date of Service:** 06/27/2022

**History of Present Illness:**  
This is a 28 year-old male who was involved in a motor vehicle accident on 11/03/21. Patient was the restrained driver of a car that ran red light and T-boned another car's driver side. Patient injured Left Shoulder in the accident. The patient is here today for orthopedic evaluation. Patient has not tried PT, was told PT would not help him.

Patient has no pain in the left shoulder, but just dislocated.

**Past Medical History:**  
Noncontributory.

**Past Surgical History:**  
Noncontributory

**Past Accident/Injuries:**

**Daily Medications:**  
None.

**Allergies:**  
No known drug allergies

**Social History:**  
Patient vapes, tried to cut down cigarettes.

**Physical Examination:**  
**General Appearance:** Patient is a well-developed, well-nourished male in no acute distress. Awake, alert, and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Gait is normal.

**Left Shoulder:**  
Examination of the shoulder revealed glenohumeral dislocation with abduction. There was no effusion. No crepitus was present. No atrophy was present. Hawkins, drop arm, and apprehension tests were negative. O'Brien's test was positive. Range of motion Abduction 150 degrees with glenohumeral dislocation (180 degrees normal), forward flexion 160 degrees (180 degrees normal), internal rotation 70 degrees (80 degrees normal), external rotation 80 degrees (90 degrees normal).

**Diagnostic Imaging:**  
02/16/2022 - MRI of the left shoulder reveals glenoid labral tears with an adjacent 1.6 cm paralabral cyst as described. Mild diffuse rotator cuff tendinosis, Moderate AC joint impingement.

**Assessment and Plan:**  
Diagnosis: Labral tear, Superior Labrum from Anterior to Posterior tear, and glenohumeral dislocation, left shoulder.  
Plan: PT for another 4 weeks.

The patient’s Left Shoulder was examined   
MRI of the Left Shoulder was reviewed.   
Patient is to return to the office on 08/02/22.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**